

JANUARY 2019

SHINZOO CALENDAR

SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

"I ALWAYS HAD THE UNCOMFORTABLE FEELING THAT IF I WASN'T SITTING IN FRONT OF A COMPUTER TYPING, I WAS WASTING MY TIME — BUT I PUSHED MYSELF TO TAKE A WIDER VIEW OF WHAT WAS "PRODUCTIVE." TIME SPENT WITH MY FAMILY AND FRIENDS WAS NEVER WASTED."

-GRETCHEN RUBIN